

# One Triangle and More – MORE3.1.2

## Meaning-Oriented Reflection 3.1.2

2022, Vol. 1, No. 1, reviewed article, pp. 11-15

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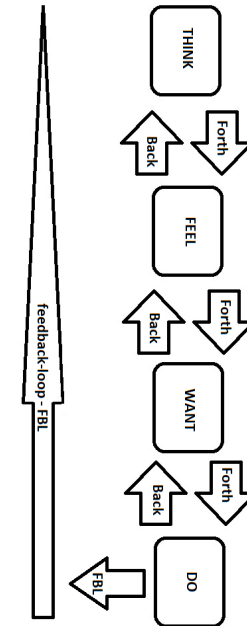
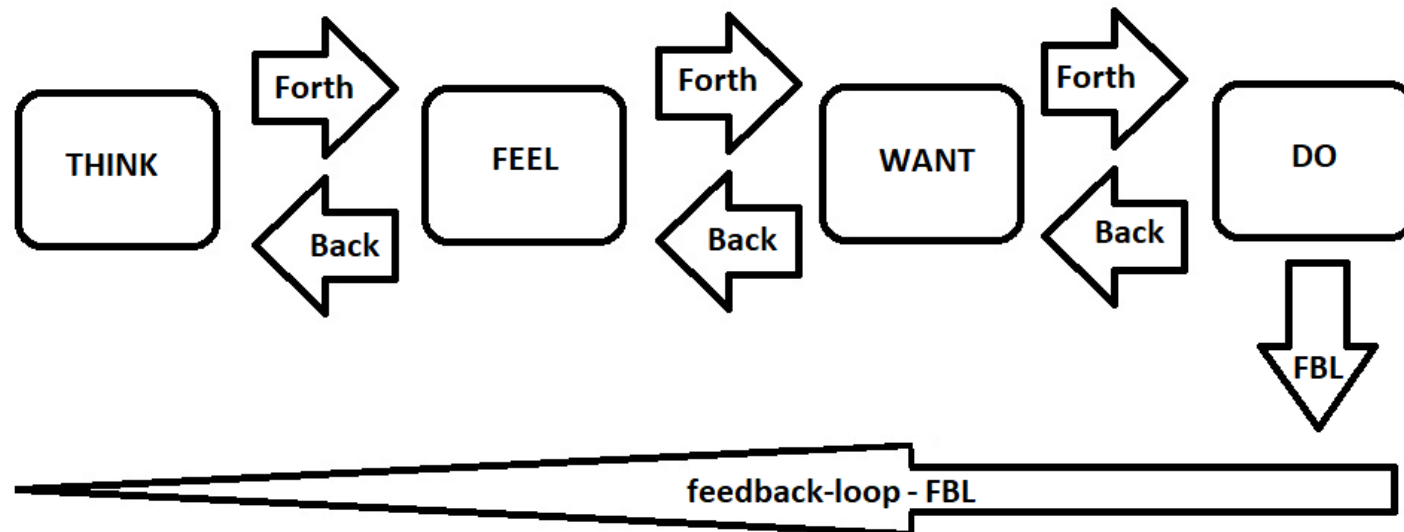
1. Reflection as a tool in learning. Do we reflect rational or irrational too?
2. 'Meaning-Oriented Reflection' or MORE – 'The Lift'
3. Practical frame as an introduction, based on author's experience
4. 'Think'/'thought', 'feel'/'felt', 'want'/'wanted', 'do'/'did' – in educational practice
5. The extra step(s)
6. Check and double-check within theory and practice
7. An intermediate step appears needed
8. Additional check of theory in practice
9. Conclusion
10. Questions & Answers & Questions

# One Triangle and More – MORE3.1.2

- Reflection as a tool in learning. Do we reflect rational or irrational too? → Epistemologies
- ‘Meaning-Oriented Reflection’ or MORE – ‘The Lift’ → Reflection technique
- Practical frame as an introduction, based on author’s experience → ‘something is missing’

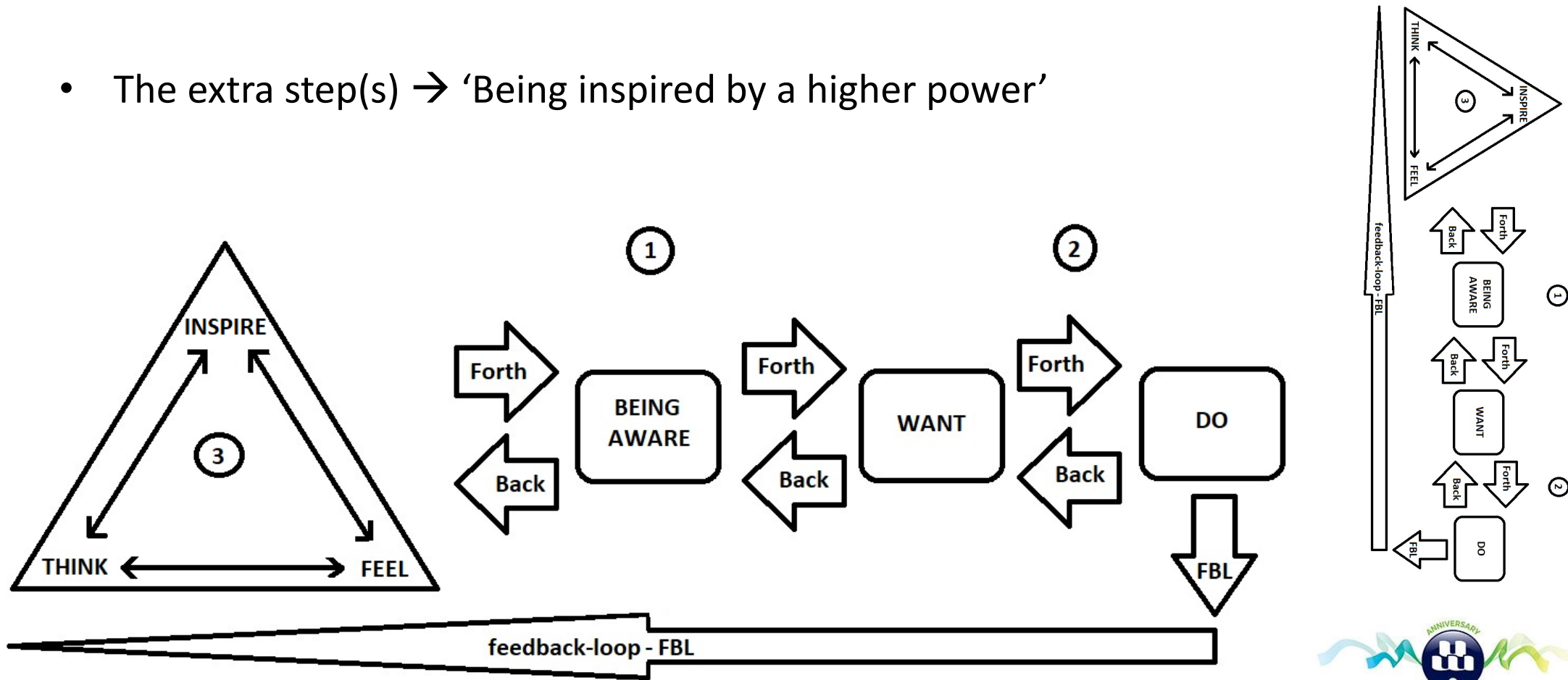
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- ‘Think’/’thought’, ‘feel’/’felt’, ‘want’/’wanted’, ‘do’/’did’ – in educational practice



# One Triangle and More – MORE3.1.2

- The extra step(s) → ‘Being inspired by a higher power’



# One Triangle and More – MOrE3.1.2

- Check and double-check within theory and practice → Reflection
- An intermediate step appears needed → ‘Meaning-Oriented Reflection 3.1.2’
- Additional check of theory in practice → ‘High Performance Leadership’

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## Conclusion

- Higher quality reflections → triangularity
- Justification → ancient and actual
- Next to rational thinking → emotional feeling and spirituality
- Supports decision-making → learning cycle and management cycle
- World-philosophies → cooperation → ‘Creating a better world’

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## Questions

1. Start Reflection as a tool in learning. Do we reflect rational or irrational too?
2. Next How to implement MORE3.1.2, especially among professionals, whether educators or other professionals, who may have difficulties connecting emotion and spirituality to their professional reflection?

## Answers?

→ Questions?

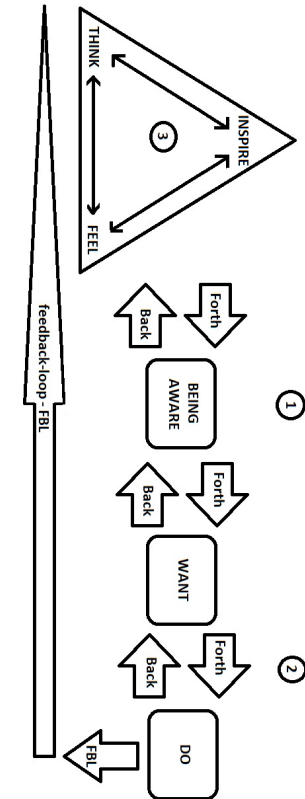


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Thank you

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